

ACTIVITIES

SCAN TO REGISTER



Note:
*For guests aged 16 years old and above only
^Capacity limit of 15 persons

For any assistance or enquiries,
please approach the front desk.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
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8AM - 9AM SUNRISE YOGA <small>OASIA RESORT SENTOSA OUTDOOR DECK^</small>	8AM - 9AM SUNRISE YOGA <small>OASIA RESORT SENTOSA OUTDOOR DECK^</small>	8AM - 9AM SUNRISE YOGA <small>OASIA RESORT SENTOSA OUTDOOR DECK^</small>	8AM - 9AM SUNRISE YOGA <small>OASIA RESORT SENTOSA OUTDOOR DECK^</small>	8AM - 9AM SUNRISE YOGA <small>OASIA RESORT SENTOSA OUTDOOR DECK^</small>	8AM - 9AM SUNRISE YOGA <small>OASIA RESORT SENTOSA OUTDOOR DECK^</small>	8AM - 9AM SUNRISE YOGA <small>OASIA RESORT SENTOSA OUTDOOR DECK^</small>
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10AM - 11AM
AQUA BOXING & TABATA
THE OUTPOST HOTEL SENTOSA
LEVEL 7 SKY POOL*^

10AM - 11AM
AQUA BOXING & TABATA
THE OUTPOST HOTEL SENTOSA
LEVEL 7 SKY POOL*^

9AM - 11AM
HAND BALL
(POOL ACTIVITY)
VILLAGE HOTEL SENTOSA
LEVEL 3 ADVENTURE POOL

9AM - 11AM
WATER POLO
VILLAGE HOTEL SENTOSA
LEVEL 3 ADVENTURE POOL

3PM - 5PM
CAPTAIN BALL
(POOL ACTIVITY)
VILLAGE HOTEL SENTOSA
LEVEL 3 ADVENTURE POOL

3PM - 5PM
RING TOSS
(POOL ACTIVITY)
VILLAGE HOTEL SENTOSA
LEVEL 3 ADVENTURE POOL

5PM - 6PM
AQUA ZUMBA
VILLAGE HOTEL SENTOSA
LEVEL 3 ADVENTURE POOL

4PM - 5PM
AQUA ZUMBA
VILLAGE HOTEL SENTOSA
LEVEL 3 ADVENTURE POOL

7PM - 9PM
MOVIE NIGHT
VILLAGE HOTEL SENTOSA
LEVEL 3 ADVENTURE POOL

7PM - 9PM
MOVIE NIGHT
VILLAGE HOTEL SENTOSA
LEVEL 3 ADVENTURE POOL



Sunrise Yoga



Aqua Zumba



Movie Night